

Psycho

Two days ago I received a quite scathing email from somebody who was not happy with some of my decisions regarding Broken Grey Wires. I won't go into too much detail about the specifics of their complaint, nor reveal everything they criticised, but I did want to discuss one point.

Psycho. My open call to create an artist book, taking submissions from the public and choosing the best work to be collated and printed for the world to see.

I chose the title 'psycho' for many reasons. From my obsession with horror films, to the abuse I have faced as somebody living with borderline personality disorder. It is sort of a 'fuck you' to the many times I have had to hide my disgust and hurt at the insults I have heard.

*I can't seem to face up to the facts
I'm tense and nervous and I can't relax
I can't sleep 'cause my bed's on fire
Don't touch me I'm a real live wire
Psycho Killer
Qu'est-ce que c'est*

Talking Heads told me to 'run away,' Green Day asked if I was paranoid or stoned, Pink Floyd said to shine on and Queen knew it had finally happened.

All these references inspire me and are part of reclaiming the slurs we hear. I want to celebrate that.

I believe in Broken Grey Wires, I believe in collaboration and I believe in making difficult decisions to ensure other people have an easier time. I want Broken Grey Wires to be a safe environment where people can thrive, where we can talk about issues such as if it is ok to use the word 'psycho.'

I have had some wonderful submissions from you already, people responding to the theme in their own personal way, with interesting results.

Art is about expression, 'producing works to be appreciated for their emotional power.' Art can bring people together, but it can also push people apart.

I am not perfect, I never claimed to be. My art may cause negative emotion, disgust, fear or hurt. All I can do is respond to my own mental health in my own way and hope I can inspire people along the way.